the race guides

PROFORM RACING
THE PROFESSIONALS FORMBOOK

to make the task of detecting patterns or key parameters easy, our Proform race guides are unique in that they present important race information and statistical data visually

the race guides

① race time, course, code, surface conditions and race distance

② race title, class, age group, prize money and number of runners

16:00   Wolverhampton (A/W - Standard) 7f 32y

Download The Ladbrokes App Handicap (Class F) (6) (4yo+,60) - £2264 - Runners: 9

#	Form (A/W)	Horse	Age	Wgt	Trainer	Trend	Jockey	OR	vs	HiOR	+Pos	-Neg	Class	Speed	vs	Par	Rating	F'Cast
1 (5)	0997751-13	Kasbhom ⁴⁴ t C	4	9.7	Anthony Carson		William Carson	59		5			↔	66		5	301	3-1
3 (7)	15432/4129-3	Monte Cassino (IRE) ⁶ es CD	9	9.6	Bryan Smart		George Chaloner {3}	58		4			↔	62		1	182	11-2
2 (2)	87113-46	Izzy Boy (USA) ¹³ C D BF	4	9.6	Mark Johnston		Joe Fanning	58		3			↔	52		-9	180	11-2
5 (4)	68/8003-5846	Darnathean ¹⁴ p	5	9.5	Paul D'Arcy		S M Levey	57		-10		x	↔	63		2	134	8-1
8 (9)	1U67/5-00040	Coach Montana (IRE) ¹² b CD	5	8.7	Christine Dunnett		Luke Morris	45		-3		x	↔	58		-3	96	11-1
4 (1)	627302795-9	Glenridding ³⁵ p CD	10	9.6	James Given		Tom Queally	58		-10		x	↔	45		-16	88	14-1
6 (3)	3693219397-	Prigsnov Dancer (IRE) ⁸⁰ p CD	9	9.4	Deborah Sanderson		D A Parkes {7}	56		7			↔	48		-13	83	14-1
7 (8)	9300-026785	Waterloo Dock ¹² p D	9	8.9	Michael Quinn		Paddy Aspell	47		-19		xx	↔	48		-13	68	16-1
9 (6)	3598669-765	Hold The Star ⁴⁹ CD	8	8.7	Ann Stokell		Ann Stokell {5}	45			✓	x	↓	34		-27	17	66-1

⑥ horses age, weight carried

⑦ trainer

⑨ jockey {allowance}

⑩ BHA official rating

③ saddle cloth & (draw)

⑤ horse's name and country where the horses was not bred. in the GB. days since last run

④ Latest Form for todays code (in brackets), down to 9th position, most recent right. Figures to the left of the "-" are last season, wins (**1**) are highlighted in blue

b   blinkers
v   visor
e/s   eyeshield
e/c   eyecover strap
1   1ˢᵗ time headgear
CD   course and distance winner

h   hood
t   tongue
p   sheepskin cheek pieces
BF   beaten favourite
C   course winner,
D   distance winner

e.g. Kasbhom: 44 days since last run, course winner, tongue tie

⑧ trainer trend: using the results of all the trainers runners over a 4 month period, a graphical trend of the trainers A/E (actual verses expected) statistic is plotted over this time period. A black dot indicates the trainers highest A/E, red dot indicates the trainers lowest A/E

⑪ Indicates whether a horse is well handicapped against its official rating (OR) in a handicap of the same race type. If todays OR is higher than horses highest winning OR (HiOR) the chart indicates **red**. If the horses HiOR Is below todays OR the chart indicates **green**. The figure to the right indicates the number of pounds the official rating is above or below HiOR.

⑮ the horses last time out speed rating (0-100) non weight adjusted

⑯ Proform Power Rating and forecast. The ratings are calculated using a program that simulates 1000's of database queries against 7 race factors for each horse. The result is a number, which is converted to the Power Rating odds (F'Cast). The table is ordered by Proform Rating

⑭ a faster than class indicator. The horses Proform last time out speed rating, compared to the Class Pars for winners at todays race type. The chart indicates how much the rating is above (**green**) or below (**red**) this median rating

⑬ indicates in a race of the same race type whether a horses is dropping in class ↓, running in the same class ↔, or being raised In class ↑ compared to its recent race. Hold The Star is dropping in class in todays race

⑫ indicates how many positive Proform statistical factors ✓ and negative ✗ proform statistical factors a horse has . eg. #9 Hold The Star has 1 negative factor

the race guides

❶ statistical table description

❹ win (W), run (R) and strike rate (%)for trainer/jockey tables, time period = 5 years

Trainer Course Statistics

# Horse	Trainer	W-R (%)	Exp	A/E	5 Year Course
9 Hold The Star	Ann Stokell	5-81 (6%)	3.2	1.6	■■■■■
8 Coach Montana (IRE)	Christine Dunnett	7-83 (8%)	5.7	1.2	■■
4 Glenridding	James Given	31-273 (11%)	27.8	1.1	■
6 Prigsnov Dancer (IRE)	Deborah Sanderson	2-31 (6%)	1.8	1.1	■
1 Kasbhom	Anthony Carson	9-53 (17%)	8.8	1.0	
2 Izzy Boy (USA)	Mark Johnston	108-549 (20%)	106.4	1.0	
3 Monte Cassino (IRE)	Bryan Smart	30-243 (12%)	29.9	1.0	
5 Darnathean	Paul D'Arcy	12-89 (13%)	12.9	0.9	
7 Waterloo Dock	Michael Quinn	3-44 (7%)	4.0	0.8	●●

❷ saddle cloth and horse name

❸ trainer or jockey name, sire name

❺

exp – expected winners: statistically derived from the probability of the winners (w)

A/E: a ratio of (a)ctual winners verses (e)xpected winners. A/E provides a good indicator of whether a statistic is good or bad.

each symbol represents ~ 10% - ■ = above ● = below ■ = > 100%

For example: Christine Dunnett 5 year course record is approx. 20% above expected (7 winners verses 5.7 expected)

predicted pace style for each runner
h = held up, m = midfield, p = prominent, l = led

❾

Draw Bias and Pace Prediction

# Horse	Draw	IV	Bias	Pace	H	M	P	L
4 Glenridding	1	1.05		6			■	
2 Izzy Boy (USA)	2	1.14		2	■			
6 Prigsnov Dancer (IRE)	3	1.10		8				■
5 Darnathean	4	1.33		2	■			
1 Kasbhom	5	1.10		6			■	
9 Hold The Star	6	1.04		4		■		
3 Monte Cassino (IRE)	7	0.91		8			■	
7 Waterloo Dock	8	0.84		6			■	
8 Coach Montana (IRE)	9	0.87		8				■

❻ saddle cloth and horse name

❼ stall position (flat racing only)

❽

❿

(flat racing only) a graphic which uses the (i)mpact (v)alue index statistic which compares one group of data against another with the same characteristic; in this case individual stall positions. with the statistic plotted visually, positive stalls in green, negative stalls in red

Using the horses last three runs a statistical predication (pace) of the horses anticipated pace style in todays race is plotted on the grid to coincide with the styles defined in (9) above.

the race guides

statistical table description

❶

Course Pace Bias Statistics

Pace Style Statistics		Wins	Runs	IV	£		IV	£
L	Led	231	1386	1.65	190.41			
P	Prominent	613	5107	1.19	-467.76			
H	Held Up	453	6302	0.71	-2367.94			

❷ in conjunction with the draw bias and pace prediction table, the relevant statistics for each pace style is shown. using this data, an assessment of how the race will be run i.e. "the pace of the race" can be derived. in the example horses that lead (L) win .65 times more than they should and are profitable

❸ Similar to the method used in the trainer/jockey statistics tables, the statistical performance of 1st and 2nd favourites are provided given the same race conditions. in the example, 1st favourites perform ~10% below expected 2nd favourites perform as expected

Fate of Favourites

Fav	W-R (%)	Exp	A/E	
1st Fav	273-1141 (24%)	303.9	0.9	●
2nd Fav	193-1054 (18%)	189.7	1.0	

each trainers 14 day, 28 day and 56 day statistical record.
(w)inners, (r)unners, strike rate (%), exp – expected winners,
A/E – actual/expected: a ratio of (a)ctual winners verses (e)xpected

❼

Trainer 14 Day+ Statistics

# Horse	Trainer	Trend	W-R (%)	Exp	A/E	14 Day	W-R (%)	Exp	A/E	28 Day	W-R (%)	Exp	A/E	56 Day
4 Glenridding	James Given		2-7 (29%)	1.2	1.6	■■■■■	3-11 (27%)	1.8	1.7	■■■■■	4-24 (17%)	3.4	1.2	■
9 Hold The Star	Ann Stokell		2-17 (12%)	1.4	1.4	■■■	2-26 (8%)	1.7	1.2		2-57 (4%)	3.0	0.7	●●●
1 Kasbhom	Anthony Carson		1-3 (33%)	0.8	1.3	■■	1-5 (20%)	0.9	1.1	■	1-10 (10%)	1.7	0.6	●●●●
3 Monte Cassino (IRE)	Bryan Smart		1-4 (25%)	0.8	1.3	■■	1-5 (20%)	0.8	1.2	■	2-19 (11%)	2.5	0.8	●●
2 Izzy Boy (USA)	Mark Johnston		8-27 (30%)	6.9	1.2	■	12-54 (22%)	12.8	0.9		27-94 (29%)	24.3	1.1	■
5 Darnathean	Paul D'Arcy		0-2 (0%)	0.2	0.0		0-4 (0%)	0.2	0.0		0-12 (0%)	0.9	0.0	
6 Prigsnov Dancer (IRE)	Deborah Sanderson		0-0 (0%)	0.0	0.0		0-0 (0%)	0.0	0.0		0-1 (0%)	0.1	0.0	
7 Waterloo Dock	Michael Quinn		0-1 (0%)	0.0	0.0		0-3 (0%)	0.2	0.0		0-6 (0%)	0.3	0.0	
8 Coach Montana (IRE)	Christine Dunnett		0-6 (0%)	0.4	0.0		0-12 (0%)	0.7	0.0		0-18 (0%)	0.9	0.0	

❹ saddle cloth and horse name

❺ trainer

❻ trainer trend: using the results of all the trainers runners over a 4 month period, a graphical trend of the trainers A/E (actual verses expected) statistic is plotted over this time period. A black dot indicates the trainers highest A/E, red dot indicates the trainers lowest A/E